



*Patient Information*





## *The coronavirus and new-borns*



  
**az turnhout**




## Guidelines for the care of your baby

Congratulations on the birth of your baby! You have the misfortune of being infected with the coronavirus, but this shouldn't be a damper on your joy provided you follow these guidelines. Babies and children usually are not very sick of SARS-CoV-2 or the coronavirus. New-borns can, however, occasionally suffer more seriously and we want to avoid that. Parents carrying the coronavirus can infect their baby after birth. Therefore, the following guidelines apply during your stay at the maternity ward:

-  Except for the nursing moments, the baby shall always be at more than 1.5 meters from the parents.
-  Prior to each contact with the baby, e.g. for feeding, nursing..., always wash and disinfect your hands and put on a mask.
-  No skin contact.
-  Breastfeeding is allowed after washing the breasts with soap.






**These measures also apply at home up to 21 days after the birth of your baby.**

If mother and baby are doing well, they can go home subject to:

-  Midwife follow-up (protective measures)
-  Paediatrician follow-up by telephone (contact every 2-3 days)
-  In case of a consultation with the paediatrician at the hospital (private consultation if your child is corona positive):
  - Only one healthy person can come to the consultation.
  - Corona positive parents are not allowed to come to the consultation.

## When to contact a paediatrician





When your baby is showing the following symptoms, it is important that you contact a paediatrician:

-  Fever > 38° C with a baby younger than 1 month or > 38,5° C with a baby younger than 3 months.
-  Diarrhoea and vomiting
-  Indication of illness, somnolence or general weakness
-  Coughing with or without shortness of breath: gasping, fast breathing...
-  No or little drinking, possibly accompanied by reduced urine production.

**Make an appointment with the paediatrics secretariat 014 / 44.44.16 or, on weekends / at night, contact the emergency ward at Sint Jozef's 014 / 44.43.11.**

## Other precautions

The general rules to prevent coronavirus propagation apply to all:

-  Wash your hands regularly and thoroughly (30 - 45sec) with soap and water.
-  Cough or sneeze into your elbow or a paper handkerchief and wash your hands afterwards.
-  Avoid all unnecessary social interaction and busy places. Keep 1.5 meters apart. Do not shake hands or give a kiss.
-  "Stay in" if you are coughing / sneezing / snivelling!
-  If possible, keep your children at home without calling on over-65s.

The entire team of midwives and paediatricians at the AZ Turnhout wish you all the best.

## AZ Turnhout vzw

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